

FOOD & FLIGHT



*inflight catering
french alps*



need
tuned to your need



inflight catering, french alps

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Vegan, halal or kosher, on request
Vegan, halal ou casher, sur demande

Λεβαν, ηαλαλ οη καζηρελ' ζηη δεμαηδε
Λεβαν, ηαλαλ οη καζηρελ' οη λεβανεζ

Prices in euros for a single person. Excluding taxes. Excluding the potential cost of delivery. Non contractual pictures.
Prix en euros pour une seule personne. Taxes non comprises. Hors coût éventuel de livraison. Photos non contractuelles.

Food&Flight est une enseigne de : ELLE s.a.s. - SIRET : 794 203 554 00025 - TVA intracommunautaire : FR 62 794 203 554



airports served



FOOD & FLIGHT

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www.foodandflight.world

CATERER BASED AT CHAMBERY AIRPORT

breakfast



Buckweat 12€
Sarrasin

Cereals, muesli, cornflakes 8€

Omelet: natural,
mushroom, tomato or cheese 12€
Omelette : nature,
champignons, tomate ou fromage

Breakfast fruit salad 12€
Salade de fruits

Scrambled eggs 12€
Oeufs brouillés

Boiled egg 3€
Oeuf dur

Scones with cream 3 pieces 15€
Scones à la crème

English sausages 3 pieces 10€
Saucisses anglaises

Grilled tomatoes 10€
Tomates grillées

Grilled mushrooms 10€
Champignons grillés

Bread, french baguette 2€
Baguette française

Honey, jam and jellies 3€
Miel, confiture et gelée

Pancake 3€

Pastries mini:
croissant mini,
chocolate bread mini
or raisin bread mini 2€
Viennoiseries mini :
mini croissant,
mini pain au chocolat
ou mini pain aux raisins

Pastries:
Croissant,
chocolate bread
or raisin bread 3€
Viennoiseries :
croissant,
pain au chocolat
ou aux raisins

Yogurt plain or fruit 2€
Yaourt nature ou fruit

Actimel 2€

Butter 2€



Fresh squeezed fruit juice:
celery, orange, apple,
grapefruit or carrot
50cl 14€
100cl 28€

Jus de fruits frais pressés :
cèleri, orange, pomme,
pamplemousse ou carotte

Fruit juice 5€
Jus de fruits

Coffee, 1 litre 15€
Café, 1 litre

Teas or infusions,
several qualities, order only
Price depending on quantity and quality
Thés ou infusions, plusieurs qualités,
sur commande

Milk, full fat or skimmed, 50cl 3€
Lait entier ou écrémé, 50cl

Soya milk, 50cl 4€
Lait de soja, 50cl



salads



Sauce dressing on side
Vinaigrette servie à part

Chief's salad:
Ingredients that you wonder
Price depending of choice
Salade du chef: choisissez vos ingrédients

Green salad 10€

Salade verte

**Caprese tomatoes:
variation of tomatoes, buffalo
mozzarella, basil and black olives 18€**

*Tomate caprèse : variation de tomates selon la saison,
mozzarella buffalo, basilic et olives noires*

**Greek salad:
mixed salad, cucumbers, onions,
feta cheese, tomato, black olives 18€**

*Salade grecque : assortiment de salades,
concombres, oignons, féta, tomates, olives noires*

**Nicoise salad:
mixed salad, tomato, black olives, onions,
green peppers, boiled eggs, tuna, celery, radishes 18€**

*Salade niçoise : assortiment de salades, tomates, oignons,
poivrons, thon, céleri, radis, oeuf dur, olives noires*

**Thai salad:
asian noodles, vegetables, thai sauce, beef, shrimp or chicken 18€**

Salade thaï : nouilles asiatiques, légumes, sauce thaï, boeuf, crevette ou poulet

**Caesar salad:
mixed salad, pieces of chicken,
parmesan, croutons, cherry tomato 18€**

*Salade césar : assortiment de salades,
emincé de poulet, parmesan, croutons, tomates cerises*

Salmon caesar salad 20€

Salade césar au saumon

**Vegetables salad:
carrots, cucumber, cherries tomatoes, radish, mixed green salad 20€**

Carottes, concombres, tomates cerises, radis, salade verte

**Cobb salad:
mixed salad, bacon, chicken,
blue cheese, tomato, boiled egg, avocado 20€**

*Salade cobb : assortiment de salades, bacon,
poulet, roquefort, tomates, œuf dur, avocat*

**Ocean salad:
mixed salad, smoked salmon,
prawns, baby tomato, dill cream 18€**

*Salade océane : assortiment de salades, saumon fumé,
crevettes, tomates cerises, crème d'aneth*

**Arugula salad:
with walnuts, roquefort, and smoked duck breast 18€**

Roquette : aux noix, roquefort et magret de canard fumé

**Olivier salad:
mixed diced vegetables, chicken, eggs, pickles 20€**

Mélange de légumes en dés, poulet, œufs, cornichons

**Foie gras salad:
salad, tomato, foie gras with toasts, cherry tomato 20€**

Salade foie gras : salade, tomates, foie gras avec toasts, tomates cerises

**Special rucola salad:
Pinenuts, rucola salad, parmigiano, sundried tomatoes 20€**

Salade spéciale rucola : cachuètes, roquette, parmesan, tomates séchées

**Avocado salad:
Avocado, shrimps, rucola 24€**

Salade d'avocat : avocat, crevettes, roquette

Seafood salad 24€

Salade aux fruits de mer



Sea food platter:
scampi, lobster, shrimp, whelk, clams, coque. With mayo and aioli **70€**
Langoustine, homard, crevette, bulot, palourde, coque.
Avec mayonnaise et aioli

Sea food and smoked fish:
smoked salmon, halibut, mackerel, lobster, shrimp, clams, coque. With mayo and aioli **70€**
Saumon fumé, flétan, maquereau, homard, crevette, palourde, coque. Avec mayonnaise et aioli

Smoked fish assortment:
salmon, halibut, mackerel, blinis and creamy dill sauce **24€**
Assortiment de poissons fumés: saumon, flétan, maquereau, blinis et sa crème à l'aneth

Plate of smoked salmon:
served with blinis and a creamy dill sauce **24€**
Assiette de saumon fumé, ses blinis et sa crème à l'aneth

starters



Caviar, french or beluga
Price depending on quantity and quality
Caviar de France ou beluga

Fine charcuterie plate:
Parma ham, bresaola, coppa with butter and condiments **22€**
Charcuteries fines (jambon de Parme, bresaola, coppa)
son beurre, ses condiments

Assortment of cold cut meat:
beef, pork, chicken with condiments and sauces **20€**
Assortiment de viandes froides : bœuf, porc et poulet accompagné
de ses condiments et ses sauces

Vegetables plate with dips:
carrots, celery, cauliflower,
baby tomato, cucumber, radish, peppers **20€**
Plateau crudités avec ses sauces : carottes, celeri,
choux fleur, tomates cerises, concombre, radis, poivrons
Sauces : hummus, tzatziki

Libanese mezze:
cold and hot selection **40€**
Sélection de mezzés libanais, froids et chauds

Foie gras with figs marmelade and gingerbread toasts 25€
Foie gras, compotée de figues et toasts de pain d'épice

Antipasti:
parma ham, marinated vegetables, grissini, bresaola, olives **27€**
Antipasti : jambon de Parme, légumes marinés, grissini, bresaola, olives

Tuna tartare with avocado slices 27€
Tartare de thon et tranches d'avocat

Salmon tartare 27€
Tartare de saumon



meats



Fillet of beef grilled 35€

Filet de bœuf grillé à la plancha

Russian style meat balls, chicken or beef (6 pieces) 30€

Boulettes de viande façon russe, poulet ou bœuf au choix

Veal fillet 35€

Filet de veau

Duck breast with cepes sauce 33€

Magret de canard aux cèpes

Rack of lamb with herbs from Provence (5 pieces) 30€

Carré d'agneau aux herbes de Provence (5 pièces)

Roasted chicken breast 30€

Poulet rôti

Chicken wings 30€

Ailes de poulet

Chicken nuggets 20€

Nuggets de poulet

Tabaka cockerel 35€

Coquelet tabaka

Schnitzel: chicken or veal 33€

Poulet ou veau schnitzel



All our meats are served with a cream sauce

Toutes nos viandes sont servies avec une sauce à la crème

Other sauces extra 5€

Autres sauces en sup.

- Rossini

- Cepes

- Cognac

- Morels

fishes

Fish sauces:
lemon sauce
or crawfish coulis
*Les sauces poissons :
citron ou
coulis d'écrevisses*

All sauce are served
in separeted plate
*Toutes nos sauces
sont servies à part*

Scallops 40€
Coquilles St Jacques

John Dory 40€
St Pierre John Dory

Turbot 42€
Turbot

Dorado 38€
Dorade

Red mullet 35€
Filet de rouget

Sea bass 30€
Bar

Thick-cut of salmon 30€
Pavé de saumon

Grilled octopus
with parsley and garlic 40€
Poulpe grillé au persil et à l'ail



risottas and pasta

Risotto with prawns 25€
Risotto aux gambas

Risotto with cepes 24€
Risotto aux cèpes

Risotto with parmigiano cheese 24€
Risotto au parmesan

Risotto with truffles 30€
Risotto aux truffes

Seafood risotto 32€
Risotto aux fruits de mer

Seafood lobster risotto 40€
Risotto au homard et fruits de mer

Pastas: tagliatelle, linguine, penne or macaronis 18€
With parmigiano or grated cheese
Avec parmesan ou fromage râpé

Seafood pastas 32€
Pâtes aux fruits de mer

Beef lasagna 22€
Lasagnes au bœuf

Ricotta and spinach ravioli 22€
Raviolis ricotta et épinards

Pastas with lobster 50€
Pâtes au homard



Choice of sauces:
pesto, blue cheese, tomato, carbonara, bolognese, arrabiata
*Sauces au choix :
pesto, Roquefort, tomates, carbonara, bolognaise, arrabiata*





Asian cuisine

Sushi (salmon, tuna, prawns, dorado) 2 pieces 10€

Sushis (saumon, thon, crevettes, dorade)

Sushi assortment of 8 pieces 30€

Sushis, assortiment de 8 pièces

Sashimi (salmon, tuna, prawns, dorado) 9 pieces 22€

Sashimi (saumon, thon, crevettes, dorade), 9 pièces

California rolls or futomaki 8 pieces 20€

California rolls ou futomaki, 8 pièces

Miso soup 9€

Soupe miso, la portion

Algae 12€

Algues, la portion

Tempura (gambas or vegetables) 5 pieces 28€

Tempura (légumes ou gambas) 5 pièces

Cantonese rice or vinegar rice 100g 10€

Riz cantonnais ou riz vinaigre, 100g

Maki 6 pieces 15€

(salmon, tuna, cucumber, avocado, surimi, californian prawns)

Maki 6 pièces

(saumon, thon, concombre, avocat, surimi, californie crevettes)

Yakitori chicken 2 pieces 10€

Yakitori de poulet, 2 pièces

Nem (pork, chicken or prawns) 1 piece 3€

Nem (porc, poulet ou crevettes) 1 pièce

Spring roll 1 piece 12€

Rouleau de printemps, 1 pièce

Vegetarian spring roll 1 piece 8€

Rouleau de printemps végétarien, 1 pièce

Homard spring 30€

Rouleau de printemps au homard

Battered prawns 1 piece 3€

Beignets de crevettes, 1 pièce

Fried noodles 100g 10€

Nouilles sautées, 100g



soups

Tomato soup 0,5 litre 12€

Soupe de tomate

Lobster bisque 0,5 litre 12€

Bisque de homard

Fish with croutons and aioli soup 0,5 litre 12€

Soupe de poisson avec croutons et aioli

Asparagus soup 0,5 litre 12€

Soupe d'asperges

Minestrone soup 0,5 litre 12€

Soupe minestrone

Pumpkin soup 0,5 litre 12€

Soupe de potiron

Vegetables soup 0,5 litre 12€

Soupe de légumes

Chicken noodles broth soup 0,5 litre 18€

(Chicken, vegetables and
noodles served separately)

*Poulet, légumes et nouilles
servis séparément*



side dishes

Rice - Riz 10€

French fries - Frites 10€

Homemade mashed potatoes 10€

Purée de pommes de terre maison

Couscous 10€

Semoule

Asparagus, grilled or steamed 10€

Asperges poêlées ou vapeur

Green beans, fried or steamed 10€

Haricots verts poêlés ou vapeur

Gratin dauphinois and cream 10€

Gratin dauphinois

Assortment of baby vegetables 10€

Assortiment de mini légumes

Wok vegetables 10€

Wok de légumes

Steamed or roasted potatoes 10€

Pommes de terre vapeur ou rissolées

Grilled vegetables

(aubergine, zucchini, peppers) 10€

Légumes grillés (aubergines, courgettes, poivrons)

Crystallized tomatoes 10€

Tomates confites

Quinoa 10€



fruits

Sliced fresh fruits **20€**

Fruits coupés

Fresh fruits salad **18€**

Salade de fruits frais

Red fruits, 100g **20€**

Fruits rouges, 100g

Small fruits skewers **4€**

Petite brochette de fruits

Big fruits skewers **7€**

Grande brochette de fruits

Fruits basket, small **15€**

Corbeille de fruits, petite, par personne

Fruits basket, middle **25€**

Corbeille de fruits, moyenne, par personne

Fruits basket, big **40€**

Corbeille de fruits, grande, par personne

cheeses

Fine cheeses platter **22€**

Fromages variés : doux ou affinés

Cottage cheese **12€**

Fromage blanc

All cheeses are served with grapes and dried fruits

Tous les fromages sont servis avec du raisin et des fruits secs





Tropézienne
Mousseline with vanilla



Boréal
Chocolate and vanilla creme brulee



Douceur d'Asie
Pink quava and lemon



Millefeuille framboise
Creamy raspberry millefeuille



Enora
Biscuit, strawberry, vanilla cream

Desserts by Chanvillard

Fine dessert by Chanvillard 1 piece 9€
Pâtisserie fine réalisée par Chanvillard



Paris Brest
Praline



Choux chantilly
Chantilly cream puff



Eclair chouchou
Caramel and peanut



Eclair citron
Creamy lemon



Eclair framboise
Creamy raspberry



Madagascar
Vanilla of Madagascar

desserts

Strawberry dipped in chocolat 4€
(white, milk or dark)
Fraise enrobée de chocolat fin
(blanc, au lait ou noir)

Chocolate mousse 9€
Mousse au chocolat

Creme brulée with vanilla bourbon 9€
Crème brulée à la vanille bourbon

Dry petits fours per person 8€
Biscuits secs, par personne



Fresh petits fours 1 piece 3€
Mignardises fraîches, 1 pièce

Small fruits skewers 4€
Petite brochette de fruits

Big fruits skewers 7€
Grande brochette de fruits

Tiramisu or Cheese cake 1 piece 9€
Tiramisu ou Cheese cake, 1 pièce

Ice cream Price depending of choice
Glaces

Valrhona chocolate boxe 100g 15€
Chocolats de chez Valrhona, 100g

Chocolate truffle 100g 15€
Truffles au chocolat, 100g

Macarons 3 pieces 6€
Macarons, 3 pièces

Cake 1 portion 9€
Gâteau, 1 portion

Muffin, brownie or donuts 1 piece 5€
Muffin, brownie ou donuts, 1 pièce



sandwiches and canapes



Gourmet sandwich 1 pce 5€
Sandwich petit pain



Open sandwich 1 pce 6€
Sandwich tartine



Baguette (1/2) sandwich 1 pce 8€
Sandwich 1/2 baguette



Club sandwich 1 pce 10€
Sandwich pain de mie



Wrap 1 pce 6€
Wrap : sandwich galette



Finger triangle sandwich, 1 pce 4€
Mini sandwich pain de mie



Bagel (ham & cheese or salmon) 1 pce 10€
Bagel (jambon & fromage ou saumon)



Hot or cold canape, 1 pce 4€
Canapé chaud ou froid



Chips 30g 3€
or
Pringles 40g 4€



Mini quiche or pizza 1 pce 4€
Mini quiche ou pizza

drinks

Coffee, 1 litre 15€
Café, 1 litre

Milk, 50cl 3€
Lait, 50cl

Nespresso pack (order 48 hours in advance) 1 piece 1€
Cartouche Nespresso (Commander 48h à l'avance, 1 pièce)

Teas (order only) Price depending on quantity and quality
Thés, sur commande

Infusions (order only) Price depending on quantity and quality
Infusions, sur commande

Fresh squeezed fruit juice, 50cl 14€
(celery, orange, apple, grapefruit or carrot)
Jus de fruits pressés, 50cl
(céleri, orange, pomme, pamplemousse ou carotte)

Fruit juice 5€
Jus de fruits, 20cl

Plain or sparkling water
1 litre 6€ 50 cl 3€ 33 cl 2€
Eau minérale plate ou gazeuse

Sodas 50cl 5€

Can 33cl 4€



wines and champagnes

Sale of fine wines and champagnes
at the business terminal aviation in Chambéry airport.

Vente de grands vins et champagne
au terminal affaires de l'aéroport de Chambéry.

Great wines of France:

Haut Brion, Laffite Rothschild, Cheval Blanc, Pétrus...

Selection of champagnes:

Cristal Roederer, Dom Pérignon, Laurent Perrier...

Savoie wines, Maison Perret:

Apremont Vieilles Vignes (white), Roussette (white),
Gamay Vieilles Vignes (rosé) 75cl and 150cl,
Gamay (red), Mondeuse Jongieux (red)

All our wines are in stock, prices varies depending on the vintage.
Les vins proposés sont tous en stock, les tarifs varient en fonction des millésimes.

For any specific request for wines or champagnes, consult us.
Pour toute demande spécifique de vin ou champagne : consultez-nous.



Alcohol abuse is dangerous for health, consume with moderation.
L'abus d'alcool est dangereux pour la santé, consommez avec modération



the essentials

Ice cubes, 2kg 2€

Glaçons, 2kg

Rubbish bags Price depending size and quality

Sacs poubelles

Flower composition Price depending quality

Composition florale

Handkerchiefs Price depending quality

Mouchoirs

Dry ice 10kg (Order 48 hours in advance) 150€

Carboglace 10kg (Commander 48h à l'avance)

Newspapers: English, russian, spanish or french 8€

Journaux anglais, russes, espagnols ou français

Magazines by language available 16€

Magazines, selon la langue disponible



Laundry, on request

Blanchisserie, sur demande

FOOD & FLIGHT



*Professionalism,
fineness and punctuality*

to order

resto.aero@gmail.com
Cell +33 7 83 03 67 36

- Chambéry (LFLB - CMF)
- Annecy (LFLP - NCY)
- Grenoble (LFLS - GNB)
- Lyon Bron (LFLY - LYN)
- Lyon Saint Exupery (LFLL - LYS)



Food&Flight est une enseigne de **ELLE s.a.s.**

SIRET : 794 203 554 00025 - TVA intracommunautaire : FR 62 794 203 554

Orders can be altered in advance subject to availability. Orders must be cancelled at least 4 hours after ordering, otherwise the order will be charged. Net prices in euros.

Toute modification de commande pourra être assurée si votre demande a été formulée suffisamment à l'avance et selon nos disponibilités. L'annulation de la commande doit se faire dans les 4h00 suivant la demande. Au delà, la commande sera facturée. Prix nets en euros.

TERMS AND CONDITIONS OF SALE

If there is no special written agreement between the customer and FOOD&FLIGHT ELLE SAS, only the general conditions are applied to any other contract rules.

Catering order:

FOOD&FLIGHT ELLE SAS will produce meals as per VIP menu. The choice of dishes and services is not limited to those offered on the VIP menu.

FOOD&FLIGHT ELLE SAS world happily adapt to your requests and provide a personalized service. In particular, at the customer's request.

All orders must obligatorily be confirmed in writing (e mail) by FOOD&FLIGHT ELLE SAS. FOOD&FLIGHT ELLE SAS reserve the right to modify the composition of its services due to uncertainties which may affect the supply of products or by virtue of the principal of precaution.

Concerning the presence of additives and allergens, especially the presence of gluten, lactose, eggs, fish, seafood, nuts peanuts.... However FOOD&FLIGHT ELLE SAS cannot guarantee that any items are free from traces of additives or allergens.

Prices:

Please contact us directly for a quote. Prices do not include VAT (Value Added Tax). All prices are without any taxes, all the prices are subject to an airport fee, which are not included in the prices.

Delivery charge: Depend the airport.

Taxes free payments:

Any aircraft operator with flights landing in France can benefit from tax free payments under the condition that more than 80% of its activities take place outside the French territory. If a tax free transaction is required, the aircraft operator or its representative must provide FOOD&FLIGHT ELLE SAS with a valid AOC (Aircraft operator Certificate) and open an account. In any other case, the aircraft operator or its representative will be subject to local taxation.

Methods of payment:

Invoices may be paid at the Handling (depend the airport). Or directly to FOOD&FLIGHT ELLE SAS by cash or credit card. We accept bank transfer provided before the departure time.

Late payments:

The company reserves itself the right to charge interest on any unpaid amount at a rate of 50% more than the official French bank interest rate. In addition all costs relating to the recovery of the debt will be charged in full. Furthermore, if a payment is overdue, FOOD&FLIGHT ELLE SAS reserves itself the right to suspend, without further notice, all the current orders os any client in debt to the company.

Cancellation:

In case of total or partial cancellation of the order for whatever reason, a cancellation charge will be applied:

Cancellation more than 12 hours prior the delivery: no cancellation charge will be applied.

Cancellation less than 12 hours prior the delivery: a partial or total cancellation fee will be applied, depending on the order.

The special feature of FOOD&FLIGHT ELLE SAS is that we use Lyon's know-how. FOOD&FLIGHT ELLE SAS does not use just one caterer but several, that's why we can do our best to satisfy you.

Delivery delays - Claims:

FOOD&FLIGHT ELLE SAS will not be held responsible for any delay due to any reason beyond the company's control such as, for example, official traffic restrictions, breakdowns, traffic jams, accidents, poor weather conditions, strikes, war, etc. Any claims or complaint relating to an invoice must be made in writing within eight days of the invoice date.

Force majeure:

The FOOD&FLIGHT ELLE SAS company will not be under any liability whatsoever for non-performance or suspension of its obligation, in whole or in part, as a result, directly or indirectly, of any strike, fire, flood, inability to obtain material, traffic jam, accident, breakdown, war, insurrection, riot, bad weather conditions, government act or regulation, or any other cause (whether or not of a like nature) beyond the company's control. In the event of cancellation by FOOD&FLIGHT ELLE SAS, any sum that may have already been paid by the customer will be refunded.

Arbitration:

In the case of any abjection, the "Commercial Court of Vienne" will be used for arbitration.

Quality of services:

The customer is authorized to check the quality of food and hygiene procedure by visiting us without any notice provided in advance. All food is prepared and stored in accordance with HACCP (French Hygiene and sanitation and regulations).

Catering order must be sent 24 hours prior departure.

Any complaint must be made maximum 24 hours after delivery.

FOOD & FLIGHT

tuned to your need



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IBAN : FR76 1810 6008 1096 7363 2260 694



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